

The Underwood Run 18th April 2010 Entry Form

UKA licence number **10417** – this event is run under UKA rules – start time 11 am

ENTRY FEE:

10km Challenge Run £8.00 (U.K.A. Affiliated £6.00)

Fun Run £5.00 each or £10 per family

School Field Race FREE with sponsor form (£1 without)

Entries on day £2.00 extra. Additional entry forms available from address below.



Please complete and return enclosing an A4 S.A.E.(with 66p postage) and entry fee (see above) payable to:

'THE UNDERWOOD RUN', Underwood Primary School, Main Road, Underwood, Nottingham
NG16 5GN

Surname _____ First Name _____

Address _____

Post Code _____ Phone Number _____

Email _____

If UKA Affiliated please tick Club _____ Sex M/F Age D.O.B _/ _/ _

10km* Fun Run ** (Name of accompanying adult if under 12) _____

Declaration - I declare that I am medically fit to run and fully understand that I enter at my own risk. The organisers will in no way be held responsible for any injury or illness to my person during, or as a result of the event.

- * 10km minimum age on day of race is 15 years of age.
- ** 4km Fun Run minimum age on day of race is 8 years of age – children must be accompanied by an adult.

Parent or guardian to sign for under 16 year olds Signed _____ Date _____

Where did you hear about this run: _____

PLEASE NOTE:

FUN RUN – ALL ACCOMPANYING ADULTS MUST ALSO RUN IN THE FUN RUN!

ALL RUNNERS MUST HAVE COMPLETED AN ENTRY FORM AND HAVE A RACE NUMBER INCLUDING ACCOMPANYING ADULTS.

NO ENTRY FORM NO RUN!

- Entries on the day will be £2.00 per person extra.
- There will be no family run discount on the day.
- Registration on the day will close 20 minutes before the race start (10.40am)

All runners who raise £25 or more through the JustGiving website will be able to claim their race fee back. (www.justgiving.com)

We are on FACEBOOK – please become a fan!

